



**Laurentian Valley
50+ Fit and Feisty**

460 Witt Rd,
Pembroke ON K8A 6W5
Website: lv50fitandfeisty.ca
Email/E-transfer: fitandfeisty50@gmail.com
Facebook: Laurentian Valley 50+ Fit and Feisty

Respect

LV 50+ Fit and Feisty is committed to providing a welcoming, respectful environment through our variety of physical activities, cultural programs, travel events and social opportunities to help build friendships and to create a sense of Community.

With the huge number of events offered and the number of participants, there may be some members who occasionally feel dissatisfied.

However, at no time is an LV 50+ Fit and Feisty member, volunteer, or outside vendor to be exposed to verbal or physical abuse. LV 50+ Fit and Feisty Constitution By-Law #1 - 5. states "Any person who physically or verbally abuses another person while attending a LV50+ F&F activity will be banned from attending activities for a period of time as determined by the executive based on the seriousness of the incident."

The Fit and Feisty Executive gives serious consideration to all reported incidents before determining whether the By-Law should be enforced.

We trust that this reminder of our By-Laws with regards to respect for each other (and facility properties) will help all members to strive to provide welcoming and enjoyable events for everyone.

Colleen Schutt - Chair
E: chair50fandf@gmail.com

Sherry Crone - Vice Chair
E: vchair50fandf@gmail.com

Inspiring a Zest for Life!