



**Laurentian Valley
50+ Fit and Feisty**

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Facebook: Laurentian Valley 50+ Fit and Feisty

Pets Policy

One of the guiding principles of Fit & Feisty is to provide opportunities for members 50+ to socialize. Some people in proximity to animals experience anxiety issues or suffer medical conditions. For this reason, Fit & Feisty prohibits any animals at our events.

Exceptions would be allowed for animals specifically involved with the event or certified service dogs.

Inspiring a Zest for Life!

